



MONIKA RUPF

Since 2016, I have been working as a self-employed therapist in Dr. Roy Bösiger's practice. In my therapeutic work, I incorporate the knowledge and experience I gained as a Medical Masseuse, Craniosacral Therapist and Kinesiologist.

In my private life, I enjoy being outdoors, either on my bike or on foot, exploring nature. I also love discovering new places, traveling and always find it exciting to meet new people.

The following treatments are offered:

- Kinesiology
- Fascia Treatments
- Scar Therapy according to Boeger
- Trigger Point Therapy
- Foot Reflexology Therapy
- Manual Lymphatic Drainage
- Craniosacral Therapy for Adults and Children

