



MIA MACKENZIE

I was born in 1989 in vibrant Texas as the eldest daughter of a chiropractor and a Swiss author. Our family's journey led us to permanently settle in Switzerland in 2008.

From a young age, I was drawn to alternative medicine, a passion that ultimately guided my decisions in life.

My interest in working with animals led me to begin my studies as an animal health practitioner in 2009.

I also had the pleasure of traveling through space, experiencing different cultures, trying various dishes, and meeting fascinating people who enriched my journey.

The year 2018 marked a significant turning point in my life when the tragic loss of my father in an accident awakened a deep awareness. This event emphasized the importance of going beyond the surface and motivated me to explore the fundamentals of kinesiology and the core principles of this discipline.

In 2019, I began studying kinesiology at the Apamed School in Jona. During my studies, I became particularly interested in how the body and the female cycle work together. With kinesiology, you can see what the body needs to connect the mind, body, and emotions so that the body can continue its healing process.

In addition to my academic work, I enjoy a variety of hobbies. The winter calls me to the ski slopes, while the warmth of summer invites me to exciting bike tours. The company of horses brings me comfort as I indulge in horseback riding and the tranquility of water beckons me to swim in the lake.

I look forward to meeting you in the practice and supporting you on your journey to a healthier version of yourself.

