



## FERNANDO BIGGER

I grew up with my parents and two siblings on a farm near Vilters. After completing my schooling, I trained as a confectioner and pastry chef in Bad Ragaz.

A lot changed in my life during the 1990s: I was diagnosed with a progressive visual impairment. As a result, I had to adjust some of my hobbies to my handicap. Professionally, I also had to, and wanted to, reorient myself. I found the profession of Medical Masseuse. Around the turn of the millennium, I spent several years training in Basel, Solothurn, Bad Säckingen (Germany) and Baar.

In 2002, I completed my training as a Medical Masseuse FA. For the last few years, I worked in a physiotherapy practice in Triesenberg. Since the summer of 2014, I have been part of Dr. Roy Bösiger's team in Bad Ragaz.

I find it exciting to exchange ideas in a group of different therapists; it brings a new spark to my life. Here, I feel I can benefit both professionally and personally. I also want to give something back through my specialties in Classical Massage, Foot Reflexology, Lymphatic Drainage, and of course, my cheerful nature!

