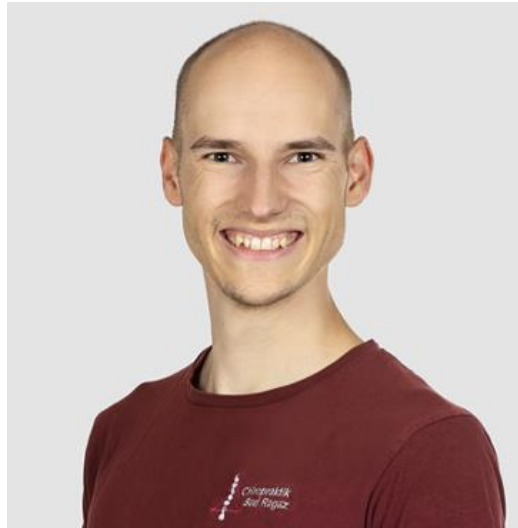




DARIO KIRCHNER

My name is Dario Kirchner, and I grew up and currently live in Bad Ragaz. After completing my high school diploma and an unsatisfactory physics degree, I realized that I wanted to work with people but was unsure in what capacity. This period showed me how important sports are to me. After leaving my physics studies, I started with strength training and later played American football with the Calanda Broncos. After two successful but injury-ridden seasons, I refocused on gentler sports. During this time, I was also an assistant coach for the U19 team of the Calanda Broncos. Nowadays, I enjoy climbing and practicing calisthenics (bodyweight strength training).



Due to the many injuries, my interest in human health and individual natural treatment methods grew. I became fascinated with the importance of cause-based treatment methods, which led me to pursue training as a naturopath TEN. In October 2020, I started my naturopathy training at Prävensana in Chur. At Prävensana, I completed qualifications as a classical masseur, reflexologist and nutritionist.

In February 2023, I switched schools and am now studying at Bodyfeet in Rapperswil.

From January 2021 to April 2023, in addition to my training, I gained a deeper insight into the healthcare system by working at the reception of Chiropraktik Bad Ragaz AG.

In April 2023, I began working as a masseur and nutritionist at Chiropraktik Bad Ragaz AG. Due to health issues, I had to take a break from my therapeutic career, which lasted from October 2023 to September 2024. Now, I'm back with full energy and look forward to every treatment I can carry out.